

We Can Help.....

- Find information
- Build hope
- Establish relationships with others cancer patients
- Enhance coping skills
- Reduce isolation



**The Department of
Psychosocial Resources
Holy Cross Site**

Our Location



Free parking is available on the west side of 2nd Street SW and on some side streets in the neighborhood. Please check the signs.

Department of Psychosocial Resources

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Calgary, Alberta
T2S 3C1

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Men's Support Group

For men with colorectal, stomach, liver, pancreas, gallbladder, and esophageal, cancer

Department of Psychosocial Resources

Helping You Live Well with Cancer.



For more information
call:

403 355 3207



The Group

Drop-in Men's Support Group

For patients with colorectal, stomach, pancreas, liver and esophageal cancers at different stages and different points in their treatment experience.



Common Themes For Discussion

STRESSED??? UNCERTAIN???? LACK OF CONTROL??? DEPRESSED??? HELPLESS??? ANXIOUS???



1. Disease & Treatment
2. Anger/Depression/Anxiety
3. Doctor/ Patient Relationship
4. Illness related coping skills
5. Emotional distress regarding death and dying
6. Coping and learning from one and another
7. Social Support
8. Self image/ Sexuality

Session Details:

- Sessions run every second Friday from 10:00 am to 11:30 am
- No cost
- For information/registration please call: Celestina Martopullo, GI Psychosocial Clinician, at: 403-355-3224.

