

PREVENTABLE — TREATABLE — BEATABLE

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## Colorectal Cancer: Facts and Symptoms

Colorectal Cancer  
Association of Canada

## COLORECTAL CANCER FACTS

- Colorectal cancer is the second-leading cause of cancer death in Canada.
- Colorectal cancer affects men and women in virtually equal numbers.
- With screening the disease can be prevented and, if caught early, has an over 90 per cent cure rate.
- Risk factors include: age (50 and over), family history of colorectal cancer, personal history of benign polyps or colorectal cancer, obesity, smoking, excessive alcohol consumption, poor diet, sedentary lifestyle, and inflammatory bowel disease (i.e. Crohn's disease or ulcerative colitis).

## SYMPTOMS OF COLORECTAL CANCER

**The following symptoms MAY indicate colorectal cancer. See your doctor.**

- Prolonged diarrhea or constipation
- Narrower-than-normal stools
- Blood in stool
- Loss of appetite, unexplained weight loss
- Feeling that the bowel does not completely empty
- Constant fatigue, anemia
- Nausea, vomiting
- Abdominal pain or discomfort